



### DISTANCE EDUCATION ADDENDUM

<b>COURSE ID:</b>	<b>KINX 111AX3</b>
<b>DEPARTMENT:</b>	<b>Athletics</b>
<b>SUBMITTED BY:</b>	<b>Eric Abrams</b>
<b>DATE SUBMITTED:</b>	<b>06/04/2020</b>

*For additional resources on completing this form, please visit the DE Website:*

[www.valleycollege.edu/onlinefacultyresources](http://www.valleycollege.edu/onlinefacultyresources)

**1. Please select the distance education method that describe how the course content will be delivered. Check ALL methods that will be used for offering this course, even if previously approved.**

- FO – Fully Online
- PO – Partially Online
- OPA – Online with In-Person Proctored Assessments
- FOMA – Fully Online with Mutual Agreement

**2. In what way will this course, being offered in distance education format, meet the needs of the campus?**

**(Ex: Student Access, Campus Strategic Plan, Campus Mission Statement, Online Education Initiative (OEI), Student Equity, Student Needs). Please be specific.**

The course will meet the following needs of the campus by incorporating the following; Student Access, Campus Strategic Plan, Campus Mission Statement, Online Education Initiative, Student Equity, Student Needs, and by following the California Community College Athletic Association guidelines and bylaws as it is an athletic course for intercollegiate athletics.

**3. Will this course require proctored exams?**

- No
- Yes - If yes, how?

**4. How will the design of this course address student accessibility? Are you including any of the following?**

- Captioned Videos
- Transcripts for Audio Files
- Alternative Text for Graphics
- Formatted Headings
- Other – If other, please explain.



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5. Provide a specific example of how the instructor will provide synchronous office hours for distance education students? (Ex: Online Conference Tool, Cranium Classroom, Zoom, Pisces, Skype, etc.)

Online Conference Tool, Zoom, email.

6. Provide a specific example of how this course's design ensures regular and effective instructor-student contact? (Ex: Threaded discussion forums, weekly announcements, instructor prepared materials, posting video and audio files, timely feedback on exams and projects, synchronous online office hours, synchronous online meetings, synchronous online lectures, etc.)

Threaded Discussion Forums, Zoom Meetings, Weekly Announcements, Instructor Prepared Materials, Posting Video Files, Posting Audio Files, Synchronous Online Office Hours, Synchronous Online Meetings, Synchronous Online Lectures, Zoom Conference Meetings, Workout tracker with use of Volt.

<https://www.valleycollege.edu/online-classes/faculty-resources/reg-effective-contact.php>

7. Provide a specific example of how this course will ensure regular and effective student-student contact? (Ex: Threaded discussion forums, assigned group projects, threaded discussions, Notebowl, peer-to-peer feedback, synchronous online meetings, etc.)

Threaded Discussion Forums, Assigned workouts for freshman and sophomore runners gear towards mileage base work quality workout training individualized for each athlete.), Peer-to-Peer Feedback on discussions and on assigned position work, Synchronous Online Meetings.

8. Describe what students in this online version of the course will do in a typical week on this class. Include the process starting after initial log in.

The student will log into the course front page where the course learning units are available. The student will select the appropriate Learning Unit or Module and then access the resources and assignments.

Available from a standardized Learning Unit Page will be the following:

- Instructor's introduction to the unit
- Unit DSLOs Unit Desired Student Learning Outcomes (as defined by the instructor based on the SLOs
- FYI – just a little information prepared by the instructor
- Workouts for the unit. Workouts, as well as any adaptations due to injury weather etc.
- Videos or audio resources for the unit

9. Provide a sample statement that could be included in the syllabus for this course that communicates to students the frequency and timeliness of instructor-initiated contact and student feedback.



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Students may contact the instructor through the specific course in CANVAS or by email, GroupMe or Text. Monday through Friday the instructor should respond within 24 hours. On weekends the instructor will occasionally return feedback through email. In case of urgency you can contact the instructor to set up a zoom meeting or through campus email.

### 10. Provide a specific example of how regular and effective student-student interaction may occur in this online course.

A student assignment or workout may be posted for students to comment on in a variety of ways.

1. Identify what obstacles had or met challenges where made
2. Comment constructively on the student success and failures with workouts
3. Provide feedback on skill sets within the course student learning outcomes
4. Students will use trauma where they can you leave comments about their workouts as well as view the comments of other students workouts.

### 11. Provide a specific example of how regular and effective instructor-student interaction may occur in this online course.

The instructor may call student

- The student may phon/text the instructor
- The instructor may email the student
- The student may email the instructor
- The instructor may send a message through GroupMe to the student
- The instructor may submit direct feedback on individual responses to questions
- The instructor may submit direct feedback to the student regarding the assigned work
- Texts between student and instructors may be implemented
- Example 1: student response to a workout was not as direct addressing the assigned task and questions given. The instructor will indicate "I Able to compare a similar work out today from some of the workouts in the past and provide positive feedback.

### 12. Does this course include lab hours? No Yes – If yes, how are you going to accommodate the typical face to face activities in an online environment?

This course is designed for in season preparation for athletic participation. The course includes sport specific training with the purpose of developing areas of individual weaknesses. Workouts will be posted weekly, completion of goals met or failure will be accessed, use of workout app Strava individual progress and activity and consistency of each individual student athlete.

### 13. How will you accommodate the SLO and Course Objectives in an online environment?

Use of online applications for tracking workouts will be used such as strava. It is an application of which student athletes can log in and track their workouts. The coach/instructor can log in to see the progress and consistency



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of workout usage. Progress will be tracked and performance ability will be analyzed in preparation for athletic competition.

**14. Are modifications needed to SLOs or Course Objectives in order to teach this course in the online modality?**

No    Yes – If yes, please explain the changes needed.

*(It is advised that if you are changing course content or objectives that you speak with the Curriculum Co-Chair or Articulation Officer for guidance moving forward.)*

**To be completed by a member of the Curriculum Committee Review Team:**

CURRICULUM CHAIR REVIEWED:		<input type="checkbox"/> YES <input type="checkbox"/> NO
DE REVIEW:		<input type="checkbox"/> YES <input type="checkbox"/> NO
CURRICULUM COMMITTEE DIVISION REPRESENTATIVE REVIEWED:		<input type="checkbox"/> YES <input type="checkbox"/> NO